



Book List & Helpful Reading

Personal Development / Coaching

1. A Thousand Names for Joy: Living in Harmony with the Way Things Are by Byron Katie
2. Book Yourself Solid by Michael Port
3. Breaking the Rules, Removing the Obstacles to Effortless High Performance by Kurt Wright
4. Centered Leadership: Leading with Purpose, Clarity, and Impact by Joanna Barsh
5. Colorful Leadership: How Women of Color Transform Our World by Gloria S. Chan
6. Daring Greatly by Brené Brown
7. Eastern Body, Western Mind by Anodea Judith
8. A Happy Pocket Full of Money by David Cameron Gikandi
9. Peace from Broken Pieces: How to Get Through What You're Going Through by Iyanla Vanzant
10. Peace Is Every Step by Thich Nhat Hanh
11. Practicing the Power of Now by Eckhart Tolle
12. Purposeful Action: Seven Steps to Fulfillment by Towanna B. Freeman D.D.
13. Take Time for Your Life by Cheryl Richardson
14. Tapping the Power Within by Iyanla Vanzant
15. The Art of Power by Thich Nhat Hanh
16. The CALL: Inspiring Stories for Young Men About Character, Accountability, Love, and Leadership by Towanna Freeman
17. The Four Agreements: A Practical Guide to Personal Freedom by Don Miguel Ruiz
18. The Heart of Coaching: Using Transformational Coaching to Create a High-Performance Coaching Culture by Thomas G. Crane
19. The Loudest Duck: Moving Beyond Diversity while Embracing Differences to Achieve Success at Work by Laura A. Liswood
20. The Mastery of Love by Don Miguel Ruiz
21. The 7 Habits of Highly Effective People by Stephen R. Covey
22. Welcome to the Wisdom of the World and Its Meaning for You by Joan D. Chittister
23. Who Moved My Cheese Hardcover by Spencer Johnson
24. Year of Yes by Shonda Rhimes



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